



AYCC'S SUMMER CAMP HANDBOOK



Summer Enrichment Program

Campers - ages 5*-12

Counselor in Training (CIT's) - ages 13-15

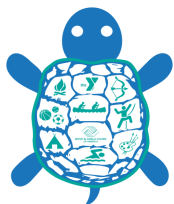
*At SEP, five year olds must be entering Kindergarten for the 2020-2021 school year.

Camp Tracy

Campers - ages 5-12

Leaders in Training (LIT's), ages 13-15

Counselors in Training (CIT's) - ages 14-16



Alfond Youth & Community Center

126 North Street, Waterville • p: 207.873.0684 f: 207.861.8016 • clubaycc.org

Camp Tracy owned and operated by the Alfond Youth & Community Center

McGrath Pond Road, Oakland • summer phone 207-465-9261 • camptracy.org



@CampTracy1968

@aycc.childcare

Dear Parents/Guardians,

Thank you for choosing the Alfond Youth & Community Center's childcare programs to provide care for your child(ren). We understand that you may have questions and we hope the Handbook provides you with the information to answer all of your questions. Please feel free to speak with any of our Directors in person or give us a call at 207-873-0684. We would be happy to speak with you or take you on a tour of our wonderful facilities.

Sincerely,

Chrissy, Abbie & Staff

Waterville

Summer Enrichment Program at the AYCC

Oakland

Day Camp Tracy

Meet our Senior Staff:

Chrissy Johnson, Child & Youth Development Director (SEP)

Chrissy moved to Maine with her family a few summers ago from southern NH. She graduated from the University of Vermont with her Bachelor's degree in Sociology and received her Master's degree in Educational Studies from Rivier University. Chrissy began her career working in an after school program for the YMCA almost 20 years ago. She has dedicated her life to working with children and has experience in several different childcare and educational settings including after school programs, early childhood centers, university lab schools, and summer camps. Chrissy enjoys running, dancing, and hiking with her husband and two boys, Angus and Ewan.

DJ Adams, Childcare Coordinator (SEP)

DJ grew up in the Albion area and received her Bachelor's degree in Psychology with a focus in Child Development and minored in Education at Thomas College. DJ began her career working with children as a Village Director at Camp Tracy and a counselor in the After School Program. DJ went on to run a preschool classroom at The Children's Place, and was excited to return to her AYCC family as the Child Care Coordinator last year. DJ lives in Waterville with her husband, and two young girls Bellah & Caroline.

Bobbi Pelletier, Youth Advancement Coordinator (SEP)

Bobbi became part of the AYCC family in January of 2020, joining the After School Program with her Bachelor's in Psychology and minor in Criminal Justice. Bobbi has eight years of experience working in mental and behavioral health, the last five of which she managed a Day Treatment Program within local school districts. Bobbi enjoys collaborating with those around her to meet children and families where they are at in the moment, and to use a collective, supportive, and strength based approach to help them meet their goals and needs.

Abbie Charrier, Director of Camps & Trips (Camp Tracy)

Abbie graduated Cum Laude from Thomas College with her Bachelors of Science in Sport Management. At Thomas she played Field Hockey, was a three year captain for the Terriers and was named to the NFHCA Division III National Academic Squad three times. She received her Masters of Business Administration with a focus in Athletic Administration from Southern New Hampshire University. She has coached for Waterville High School Varsity Field Hockey since 2018. Abbie grew up in coastal Maine, attending adventure and sports camps. She has years of experience coaching at field hockey camps and clinics and is currently coaching at Waterville Senior High School. Abbie joined the AYCC team in March, 2017 and became Camp Director in the Fall of 2019. She resides in Oakland and is a proud mom to cat, Rosie and dog, Murphy.

Gabe Merrill, Assistant Director of Camps & Trips (Camp Tracy)

Gabe, a life-long Mainer, grew up in Bath and graduates from Thomas College this Spring with a degree in Sport Management. While an engaged Thomas student, Gabe has also been an integral part of the AYCC team for the last four years. He has worked in a variety of capacities in his time here and was a valuable intern for both our Camp and Athletics departments. Gabe enjoys hiking, anything adventurous, and sports; especially basketball. He has found his true passion with encouraging the development of youth in sports, and making sure they have fun, right here at Day Camp Tracy and with our New England Sports Camps.

Chelsea Maddox, Day Camp Coordinator (Camp Tracy)

She has a passion for kids programming. Having been a part of everything from summer camps to theater groups, art classes, and tutoring programs, she is looking forward to sharing her enthusiasm for childhood enrichment with the program. She has two cats, Aurora and Luna, and loves to read and create art. She grew up taking part in YMCA programming in Georgia, where she grew up, and still enjoys soccer, tennis and swimming even as a "grown up." Chelsea joined the AYCC team in the fall of 2020, where she ran our Fairfield Childcare Program.

CHOOSE YOUR CHILD'S CAMP EXPERIENCE!**Summer Enrichment Program** Waterville, Maine

Program Hours - Mon-Fri from 7:00am-5:30pm

\$150.00/week - Financial Assistance Available**Weeks, Themes & Dates****Week 1 - Jun 21-25**

Destination Imagination

Week 6 - Jul 26-30

007 in the 207

Week 2 - Jun 28 - Jul 2

SEP Free to be ME

Week 7 - Aug 2-6

An Amazing Race Thru Summer

Week 3 - Jul 5-9

A Week in Paradise

Week 8 - Aug 9-13

SEP JAMboree

Week 4 - Jul 12-16

Into the Rabbit Hole

Week 9 - Aug 16-20

SEP Stars

Week 5 - Jul 19-23

Mad Science

For more information, please
visit
www.clubaycc.org

**DAY CAMP TRACY** Oakland, Maine

Pick-Up & Drop Off at AYCC: AM Care at AYCC 7:00-8:15am » Bus to Camp leaves at 8am » Camp runs 8:30am-4:00pm » Bus leaves Camp at 4:00 » Pick-up at 4:30pm (no PM Care)

Pick-Up & Drop Off at Camp: Drop off 8:00-8:15am » Camp runs 8:30-4:00 » Regular Pick-Up 4:00-4:15pm » PM Care 4:15-5:15pm (only available at CAMP)

\$190.00/week Deposit of \$25/week required to hold spots

Bus Transportation to & from AYCC \$25.00/wk

AM & PM Care costs are included.

Weeks, Themes & Dates**Week 1 - Jun 21-25**

Wicked Big Welcome Week

Week 6 - Jul 26-30

Paradise at Camp Tracy

Week 2 - Jun 28 - Jul 2

Around the World in 5 Days

Week 7 - Aug 2-6

Holiday Week

Week 3 - Jul 5-9

Hero Week

Week 8 - Aug 9-13

Camp Tracy's Got Talent

Week 4 - Jul 12-16

Fairytale Week

Week 9 - Aug 16-20

Endless Summer (limited space available this week)

Week 5 - Jul 19-23

Camp Tracy Olympics

For more information, please visit
www.camptracy.org



Financial Assistance

Outlined below are the options for childcare fees and financial assistance. The AYCC prides itself on working with ALL families to provide the most affordable options for those who need it most.

We will NOT TURN ANY FAMILY AWAY due to financial hardship.

1. Families who qualify for **State Childcare Assistance** must first apply for those programs. If accepted, an award letter will be sent to the family and our finance office. If a denial letter is received, then the family may fall into another category.
2. All families are welcome to apply for the **AYCC's Financial Assistance Program**. This application is included in our registration packet and is required for registration to the program.

Childcare Assistance from a Third Party i.e. State of Maine, etc.

This process must be completed and approved PRIOR to the child attending the program, unless personally paying for your child care fees.

If your family qualifies for any **third party childcare assistance/subsidy**, you **MUST** first obtain childcare assistance or reimbursement prior to the child's attendance in the program. The most commonly utilized and accepted are the Child Care Subsidy Program (CCSP) and Transitional Child Care (TCC).

You may qualify for Transitional Child Care (TCC) If you have received TANF in the last 12 months, or been open TCC in the last 30 days, have earnings at the time TANF closed, and are working now. If "yes" to all, you may be potentially eligible for Transitional Child Care.

Contact the Child Care Unit: (207)624-5200; Email: Childcare.dhhs@maine.gov; or visit your local DHHS office for more info.

If "no" to any TCC questions, Are you a parent who is: working, in school, in a job training program, or a guardian that is the age of 65 with retirement documentation? See income guidelines to the below:

If income eligible, you may be potentially eligible for the Child Care Subsidy Program.

Is your income at or below 85% of the State Median Income (SMI)?

Family Size	Weekly Income
1	\$690.48
2	\$902.94
3	\$1,115.39
4	\$1,327.85
5	\$1,540.30
6	\$1,752.76
7	\$1,792.59
8	\$1,832.43
9	\$1,872.26
10	\$1,912.10

(please note this chart changes annually)

****IMPORTANT****

It is the parent/guardian's responsibility to report any absences to the Childcare Director for the program the child attends. These are considered excused absences and each child is allowed a limited amount of absences.

Any absence not reported to Childcare Directors would be considered unexcused, and must be reported to CCSP. This may result in a change or loss of third party funding.

There are three ways to apply for CCSP:

1. You can apply online: <https://www.maine.gov/dhhs/ocfs/ec/occhs/step.htm>
2. Call (207) 624-7999 or 1-877-680-5866; or
3. Visit your local DHHS office for more information.

If you have already been denied for these services in the last 3 months, please submit a denial letter along with your ASP registration.

Please also contact:

Danielle Bragg, AYCC Member Services Asst./Third Party Specialist
email dbragg@clubaycc.org • phone 207-873-0684

Payment Options Please use the following options.					
Locations	Cash	Check	Credit/Debit	EFT	Scheduled Payments
Welcome Center at the AYCC -	x	x	x	x	*Credit/Debit or EFT
Phone - 207-873-0684			x		*Credit/Debit or EFT
Online			x	x	Credit/Debit or EFT

*Due to the sensitive nature of payment scheduling, only a Welcome Center supervisor or our Data Systems Manager can set up the payments in house or over the phone. Individuals with access to the online account can easily set up scheduled payments within the account.

Online Payment Services

Each family has their own account in our database, called Daxko. This is the system where our Welcome Center records the child's information, registrations, and payments for childcare and programming. Payments for camp can now be made online weekly, or scheduled in advance. A valid email must be on file to utilize this service.

For assistance, please contact Data Systems Manager, Wendy Grenier at 207-873-0684 or email wgrenier@clubaycc.org

To access the online account, please visit: https://operations.daxko.com/online/2109/Security/login.mvc/find_account

Payment Scheduling

This feature is super helpful to busy families and can be set up during the registration process or after. Simply login to the website referenced above using a phone number or email address on the account. A video tutorial is available at www.clubaycc.org/camps and it will walk you through the entire process.

If you have issues or questions, please contact info@clubaycc.org and we would be happy to set this up for you.

Program Description

The Alfond Youth & Community Center's camp programs provides community children the opportunity for safe childcare options. The AYCC provides quality care, nutritious snacks, youth mentoring, arts, athletics, and a variety of other activities to enrich the lives of our youth each day.

Counselor Qualifications & Training Policy

All camp staff are required to be at least 18 years of age. SEP staff must have completed state required trainings and CT staff are also required to carry First Aid and CPR certifications. All AYCC staff are run through background checks and are fingerprinted per the State of Maine Department of Health and Human Services requirements.

Licensed Childcare Requirements

The Alfond Youth & Community Center's childcare/camp programs offer licensed childcare through the Maine Department of Health & Human Services and is limited to the number of children enrolled in the program.

Fire Drill Procedure

Fire evacuation drills must be performed at least once per month for all children and adults present. A record of these drills are kept and is available for review by the Department of Health & Human Services. These drills are performed according to the policies and procedures that are posted in each room throughout the facility.

Personal Care & Aides Policy

If your child is required to have a Personal Care Aid/Behavioral Specialist during school hours, you will be required to have a Personal Care Aide/Behavioral Specialist present during your child's attendance in the ASP. We do not coordinate these services. If parents wish for ASP staff to speak with personal care/aids, a release must be signed.

Activities & Amenities at the Summer Enrichment Program

STEM Activities	STEM activities and experiments are facilitated with groups of children by the Education Teacher.
Open Swims	Open Swim is offered to campers in our indoor pools, as well as through the City of Waterville's Alfond Municipal Pool Complex. Open Swims will be allowed in summer 2021 only if the COVID-19 protocols allow. Certified Lifeguards are always on duty at any pool accessed by our programs.
Mentoring	The AYCC offers multiple mentoring program options for youth. Speak to one of the supervisors for assistance. The following programs are offered in 2021: Badges for Baseball, CIT, Torch Club, OJJDP and AYCC/Americorps Youth Mentoring Program
Sustainable Gardens	The AYCC is home to the 42' Mary Nash Beaupre geodesic greenhouse. The dome hosts multiple raised beds, hydroponic units, a garden tower and aquaponics tanks incorporating several fish. Our garden program is educational and provides fresh, nutritious food to our cafeteria as well as to our Weekend Backpack Program during the school year. Our Youth Garden Club encourages youth to participate in planting, caring for, and harvesting veggies and flowers.
Active Play	The Adventure Playland (bounce houses & structured play area), Climbing Wall, synthetic ice rink as well as our Gronk Fitness Zone are available to campers. The AYCC also features 2+ gymnasiums, outdoor areas, and playgrounds. Children have supervised rotations in these areas each week. Children should bring weather appropriate items each day.
Fitness Classes	Using AYCC Wellness spaces, Certified Personal Trainers/Fitness Instructors will lead youth through various fitness classes and activities like Kid Fit, yoga, spin, and boxing
Arts Program	Our arts program offers participants the opportunity to express their creativity and individuality with age appropriate activities in several different mediums.
Tech Lab	A closely monitored lab where child internet safety is priority. Children will learn computer skills, explore the internet and have the opportunities to play age, and safety appropriate games.

Activities at Camp Tracy

Swim Lessons	Each camper gets to participate in two swim lessons a week guided by our YMCA instructors and American Red Cross certified lifeguards.
Free Swims	There is nothing better than the lake in the summer and we make sure each camper swims EVERYDAY!
Arts & Crafts	A hit with all ages, all campers get to express their creativity through different activities that are led by our Arts and Crafts specialist.
Outdoor Education	Camp Tracy sits on 32 acres and we use every inch in our exploration of nature with our Outdoor Education Specialist.
Archery	Body control and focus are exemplified on the archery range as campers hone their skills through repetition and practice with our Archery Specialist.
High/Low Ropes Course & Climbing Tower	Campers build confidence on the ropes course as they tackle new elements each week, pushing themselves further and further. They also have the opportunity to tackle the task of climbing our 55 foot Climbing Tower, all under the guidance of our Ropes Course Specialist.
Canoeing, Kayaking & Paddle Boarding	Proper lifejacket wearing, navigation, and waterway signals are just a few of the essential skills taught on the lake with our Boating Specialist.
Field Sports	Whether it's wiffleball on Maine's Fenway or soccer on the pocket field, campers learn teamwork and sportsmanship while trying new sports with our Athletics Specialist.

Childcare Food Program

Nutritious Meals & Snacks

Our AYCC Kitchen Staff provides breakfast, two snacks, and lunch options daily for campers. We follow the USDA School Food Nutrition Guidelines.

Families may send their child with a lunch and/or snacks if they prefer. Peanut or nut products are prohibited and the AYCC is unable to refrigerate or microwave items at either location.

Our food program is mainly funded through state and federal grants and as such, we may require families to complete the U.S. Department of Agriculture's Child and Adult Care Food Program application. Completing these forms allows us to provide FREE, quality, nutritious snacks and meals to all our childcare participants, but

Federal

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency ere they applied for benefits. Individuals who are deaf, heard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.

State

This institution is an equal opportunity provider. In accordance with State law this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, sexual orientation or disability. (Not all prohibited bases apply to all programs)

Pick-Up Process

Children will be released only to those individuals identified on their pick-up list (registration form). **A photo ID will be required for pick-up**, please inform all individuals on the list. To add a name to the list, please speak to a director.

If a child is picked-up late (after 5:30pm), a **late fee** of \$5.00 will be charged for every 15 minute interval after 5:30pm. The late fee must be paid before the child will be allowed to return to the program. Multiple occurrences of non-payment and/or non-compliance with our pick-up schedule could result in an increase in late fees at the Director's discretion or termination of services.

If you wish to have a taxi transport your child, please contact one of the directors. Additionally, please notify the taxi service that they must come in to sign the child out and show proper identification. Children are not permitted to sign themselves out or walk home. This is for the safety of your child.

Curbside Pick-Up for Summer Enrichment Program

Children enrolled in the childcare at the AYCC can now be signed out from the convenience of their vehicle. This option will be available from 4:00-5:30pm. Hours and availability are subject to change due to inclement weather or program needs.

1. Drivers must pull up to the curb along side the space at the end of the building, parallel to the dome (greenhouse).
2. Staff will approach the vehicle and ask for the child's name. The driver or a passenger in the vehicle must be listed on the child's Pick-Up Authorization List and provide photo ID.
3. The authorized person shall sign the member out of the program.

Lost & Found

Please place your child's name on all items of clothing and on all belongings they bring to the program. Each childcare will have a Lost & Found area and will keep items for a few weeks before donating the items to Goodwill.

Toys From Home

Members are asked to refrain from bringing personal items to camp to avoid conflict, damaged, lost or stolen items. Toys can become items that may start conflicts, so we urge children to keep them at home. The AYCC is not responsible for lost, stolen or damaged items. ****Fidget spinners, LOL dolls & Pokemon Cards, electronics and cell phones are not allowed in the ASP.**

Child Abuse & Neglect Policy

The Alfond Youth & Community Center's childcare and camp programs are licensed by the State of Maine's Department of Health and Human Services. We are required by law to report any suspected cases of child abuse or neglect. Identifying information shared in this required report are kept strictly confidential.

General Health Policy

Parents/guardians are required to make an immediate pick-up for illnesses including lice, vomiting, diarrhea, fevers of 100.4 or higher, bathroom accidents, or other health concerns that hinder the child's group participation. If your child did not attend school for illness or behavior issues, your child may not attend our program that day. If the illness is contagious, a doctor's note will be required upon return or permission from one of the supervisors. If sent home for illness, the child must be symptom free for 48 hours.

Additional Measures During Pandemic

Safety remains the number one priority of the Alfond Youth & Community Center, and we are doing everything possible to keep children, our staff, and volunteers protected from the COVID-19 virus. We continue to monitor all updates from the CDC, our partners at MaineGeneral Medical Center, and the State of Maine, Department of Health & Human Services.

To meet the guidelines put forth by the State of Maine and recommended by the CDC, we have had to make several changes to our normal procedures and policies such as drop-off, pick-up, and health protocols. We hope to return to our normal routines at some point in the future, but until then, these safety guidelines will supersede our existing policies. These policies are subject to change as we adapt to guidance from the Maine CDC.

For the time being, we have instituted and will continue to adhere to the following health and safety procedures:

- Screening for fever and possible COVID-19 symptoms and exposure questions upon daily arrival at the AYCC. Parents/Guardians will be called for immediate pick-up and the child will be isolated from other members if presenting with fever or showing symptoms.
- Asking that children remain symptom free for **48 hours** before returning to childcare if sick or sent home.
- Requiring multi-layer face masks for everyone entering the facility. Face shields, gaiters, and single-layer masks are unacceptable types of face masks.
- Shutting off drinking fountains and having staff fill water bottles or single-use cups from multiple fill stations around the building.
- Continuing our heightened cleaning/sanitizing protocols.
- Separating any staff/child with symptoms or fever during programming time to a specific health area which can be fully sanitized if used.
- Encourage hand washing and/or sanitizing as often as possible and necessary.

Impairment Policy

If program staff suspects that the adult picking up the child(ren) is under the influence of drugs or alcohol, the staff will strongly recommend that another person is called for pick-up. If the recommendation is not acted upon, the staff will notify the police department. We also file a report with DHHS as part of the mandated reporter requirements.

Confidentiality Policy

All incident, accident, and observation forms are kept on file with the child's registration for review. These forms help staff implement behavior plans as well as lesson/activity ideas. All forms are kept strictly confidential.

Parent/Guardian Notice:

The Alfond Youth & Community Center will continue to provide leadership and guidance for all participants in regard to bullying education and prevention. Your child will be required to meet all expectations in regards to behavior that is consistent with the current Waterville Public Schools policy on bullying.

Alfond Youth & Community Center Bullying Policy

It is the intent of the Alfond Youth & Community Center to provide all youth with a welcoming, orderly and respectful recreational environment that is a safe place to play, exercise and learn. It is not our intent to prohibit children from expressing their ideas, including ideas that may offend the sensibilities of others, or from engaging in civil debate.

Bullying, as defined in this policy, it is not acceptable and is strictly prohibited conduct at the Alfond Youth & Community Center. Any person that engages in conduct that constitutes bullying shall be subject to disciplinary consequences up to and including expulsion from the facility and loss of membership. A person's bullying behavior may also be addressed through other behavioral interventions.

For the purpose of this policy, "bullying" means any physical act or gesture, or any verbally, written or electronically communicated expression that:

1. Repeated negative/derogatory comments
2. Name calling
3. Gestures
4. Actions made with the intent to harm, distress, intimidate, threaten or coerce another individual

Children's Responsibilities

To ensure that the After School Program is a positive place for kids to go, we believe that the children have certain responsibilities. These responsibilities include respecting themselves, as well as their peers, and the staff members who work here. Children will be responsible for cleaning up after themselves and to conduct themselves in a manner that is appropriate and safe for other children around them. We ask children to be respectful of others personal space and property as well as work to maintain a safe body. They are also responsible for staying with their groups and keeping track of their personal belongings.

When these simple guidelines are encouraged and supported we believe we create a positive place for all kids to be. The staff members will support children through positive reinforcement for good behavior, and encouragement for them to perform to the best of their abilities. We ask the parents/guardians to help us carry out these responsibilities.

Child Guidance & Dismissal Policy

The AYCC wants all children to feel safe and cared about while attending the AYCC and any of its programs. We understand that children attending our programs may still be learning emotional skills and self-regulation strategies. Our goal is to help support and guide children in navigating and honing these critical skills during their time in childcare. Staff will guide and provide behavioral support as necessary, however, children may be sent home due to incidents involving physical aggression, safety or health concerns (ie. Spitting, biting) and high levels of elopement or other behavioral challenges that require consistent support and/or multiple staff person support. Repeated occurrences or extreme cases may result in further action, to include temporary dismissal, up to permanent dismissal from the program.

Suspension & Dismissal Policy

The AYCC reserves the right to dismiss or suspend the enrollment of any child if their behavior continues to be harmful to others or themselves or if the child's needs cannot be met within the program.

- ◆ Illness
- ◆ Lice or nits present
- ◆ Vomiting
- ◆ Diarrhea
- ◆ Fevers of 100.4 or higher
- ◆ Inability to independently use bathroom facilities
- ◆ Other health concerns preventing the child's participation in group activities
- ◆ Parents/guardians not complying with the Alfond Youth & Community Center childcare policies
- ◆ Failure to make payments or frequent late pick-ups of children
- ◆ Behaviors that cause an unsafe environment for the child, their peers or staff.

We document and file all incidents and refer to them to consider suspension or dismissal.

Additional Information (Camp Tracy)

Waterfront Procedures

Swimming is offered daily. If children do not wish to participate in free swim, an alternative will be provided. Camper pick-up during free swim may take additional time due to the nature of the activity.

Camp Tracy has a 4-section waterfront. The first section is a zero entry area accessible to all ages and skill levels. The remaining sections each have their own skill test administered by a lifeguard or Waterfront Director. Each skill test is progressively more difficult to better prepare swimmers for their respective section.

A minimum of two to three American Red Cross Certified Lifeguards are on the docks during all swim times and a ratio of one guard to 25 swimmers is strictly enforced. Lifeguards conduct weekly skill training to make sure they are fully prepared to respond to a waterfront emergency.

Additional Information (SEP)

Swimming Pool Procedures

Depending on COVID-19 protocols, this program may not be an option in 2021.

The SEP offers a daily open swim option. To keep your child safe in the water we will be following the pool procedures listed below.

- ♦ All children are required to have permission to utilize the pool. (See Registration Packet)
- ♦ Children who wish to swim past the 4.5ft mark will be required to pass a deep end test provided by a Certified Lifeguard. The test consists of swimming from one end of the pool to the other and treading water for 1 minute in the deep end of the pool. Once passed, the child's name will be placed on a list to utilize the deep end of the pool.
- ♦ All swimmers will be given a wrist band to identify who can swim in each designated area.
- ♦ The pool rules will be reviewed each time they go to swim to ensure there is full understanding of the expectations.
- ♦ Once a month, an emergency drill is conducted and recorded. The children will learn what to do in case of an emergency (ie. Fire, flood, etc.).
- ♦ **Please remember to send a swimsuit and towel with your child.**

Tech Lab Rules

As a participant in SEP, your child will have access to the internet. Access is always monitored by childcare staff and all computers and tablets have filters to block unsafe material. Any child found to be non-compliant will not be permitted to use this resource.

- ♦ The SEP staff will go over internet safety and use of the computer/tablet.
- ♦ Children must complete the internet safety program in order to have access to the internet.
- ♦ All computers/tablets have limited sites available to the children for safety reasons.
- ♦ Due to some of the programming offered, children may be required to answer surveys and/or questionnaires to help assist the AYCC with grant funding.
- ♦ Educational games will be offered regularly.
- ♦ Children will be required to respect the equipment and the staff members at all times.
- ♦ No food or drink allowed in the computer lab.
- ♦ Appropriate behavior will be required.

Adventure Playland / Climbing Wall / Gronk Zone / Synthetic Ice Rink

- ♦ No food or drinks are allowed on equipment.
- ♦ Rough housing, fighting, wrestling and physical violence is not tolerated.
- ♦ NO RUNNING.
- ♦ No going behind the equipment.
- ♦ Should an inflatable begin losing air, the equipment MUST be exited immediately.
- ♦ Use all equipment appropriately.
- ♦ Use slide appropriately; bottom down, feet first. No jumping, no going head first, and no climbing up the slide or the sides. Only the ladder is to be used for climbing.
- ♦ The obstacle course is one-way only, beginning with the back of the course. No bouncing in the tunnel and no stopping in the middle.
- ♦ No climbing on the sides of any equipment.
- ♦ Socks are required for bounce houses. Socks & sneakers are required for the Climbing Wall and Gronk Zone use.
- ♦ Harnesses must be worn appropriately for Climbing Wall usage. Staff are fully trained on use.
- ♦ Skates and protective equipment are provided for use of the synthetic ice rink.

What to Pack for Camp

Food/Beverages

- A **WATER BOTTLE** is essential for both camps! Children will be able to refill their bottles often.
- Some children like to bring additional snacks (please, no peanut products)

Clothes & Shoes

It is suggested that campers wear a t-shirt/tank top, shorts, socks & sneakers.

Send your child in clothing appropriate for the day's weather. At Camp Tracy, children will be outside during rain. Children will be kept inside during thunderstorms or severe rainy days.

- Sweatshirt or jacket for chilly or rainy days
- Socks & sneakers for Adventure Playland/Climbing Wall (SEP)
- Only close-toed shoes are allowed at Camp Tracy
- Sun protection - hats are essential
- Bathing suit
- Extra change of clothes

Accessories

- Backpack for personal belongings - children are responsible for carrying their belongings
- Bug repellent
- Sunscreen - please apply sunscreen before sending your child each day. *Children must be able to re-apply sunscreen independently for additional re-application.*
- Prescription medications (parental permission slip required + must be in pharmacy-labeled container)
- Towel for swimming
- Hair elastic (for those with long hair)

ALL PERSONAL ITEMS SHOULD BE LABELED WITH THE CHILD'S FIRST & LAST NAME.

The AYCC and staff are not responsible for lost or stolen items.

We maintain lost & found for one month and then all items will be donated to a local charity.

Items NOT ALLOWED at Camp:

- Items promoting alcohol, cigarettes, marijuana or other inappropriate items will NOT be tolerated at camp
- Electronic devices such as handheld game systems, tablets, laptops, cell phones and smart watches are not permitted
- Personal toys must be left at home

Summer Enrichment Program at the AYCC

Boys & Girls Clubs and YMCA of Greater Waterville at the Alfond Youth & Community Center (AYCC)
126 North Street, Waterville
P: 207-873-0684 F: 207-861-8016
clubaycc.org facebook.com/clubaycc facebook.com/aycc.childcare

Chrissy Johnson	Child & Youth Development Director	cjohnson@clubaycc.org
DJ Adams	Childcare Coordinator	dadams@clubaycc.org
Bobbi Pelletier	Youth Advancement Coordinator	bpelletier@clubaycc.org

Day Camp Tracy

Located on McGrath Pond Road, Oakland
P: 207-465-9261 F: 207-861-8016
camptracy.org facebook.com/clubaycc1968

Abbie Charrier	Director of Camps & Trips	acharrier@clubaycc.org
Gabe Merrill	Assistant Director of Camps & Trips	gmerrill@clubaycc.org
Chelsea Maddox	Day Camp Coordinator	cmaddox@clubaycc.org

