

AYCC OPEN POOL SCHEDULE

Effective November 16th , 2020 *SCHEDULE SUBJECT TO CHANGE



LAP POOL						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Lap Swim 5:00-9:00AM	Lap Swim 5:00-9:00AM	Lap Swim 5:00-9:00AM	Lap Swim 5:00-9:00AM	Lap Swim 5:00-9:00AM	
Lap Swim 8:00-11:00AM						Lap Swim 8:00-11:00AM
	Lap Swim 10:00AM- 8:00PM	Lap Swim 10:00AM- 8:00PM	Lap Swim 10:00AM- 8:00PM	Lap Swim 10:00AM- 8:00PM	Lap Swim 10:00AM- 8:00PM	

THERAPY POOL						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Therapy Swim 9:00-9:50AM	Therapy Swim 9:00-9:50AM	Therapy Swim 9:00-9:50AM	Therapy Swim 9:00-9:50AM	Therapy Swim 9:00-9:50AM	
	Therapy Swim 11:00-11:50 AM	Therapy Swim 11:00-11:50 AM	Therapy Swim 11:00-11:50 AM	Therapy Swim 11:00-11:50 AM	Therapy Swim 11:00-11:50 AM	
THERAPY SWIM 11:00AM- 12:00PM	Therapy Swim 12:00-12:50PM	Therapy Swim 12:00-12:50PM	Therapy Swim 12:00-12:50PM	Therapy Swim 12:00-12:50PM	Therapy Swim 12:00-12:50PM	THERAPY SWIM 11:00-12:00PM
		Therapy Swim 1:00-1:50PM	RENTAL 1:00-2:00PM	Therapy Swim 1:00-1:50PM	Rental 1:00-2:00PM	
	Private Lessons 5:00-7:00PM	Private Lessons 5:00-7:00PM	Private Lessons 5:00-7:00PM	Private Lessons 5:00-7:00PM	Private Lessons 5:00-7:00PM	

Register for your lane 24 hours in advance by calling 207-873-0684.

AYCC POOL INFO



Therapy & Lap Pool Rules

- Adults must be in the water with children under the age of six (1 adult per 5 children)
- Adults must supervise children ages 6-17
- Hair must be tied up if wetted hair reaches shoulders
- Showers are required

Lap Pool Info

Lap Swim is typically for ages 18+. We do allow youth & teens who swim competitively to attend. Must swim laps. Not for play time. Slots limited to **50 minute time sessions**. *Lifeguard on duty / Non-Instructional*

Therapy Pool Info

Therapy Swim is for people of all ages, individuals are limited to their own lane during this time. Slots limited to **50 minute time sessions**. This time is more for *therapeutic needs*. (Ex. Fibromyalgia, arthritis, debilitating diseases, recent surgeries, etc.) Not for play time. *Lifeguard on duty / Non-Instructional*

- Therapy Swim has 8 lanes available per time slot. Please call ahead to reserve your spot.

SLOTS ARE AVAILABLE FOR RESERVATION 24 HOURS IN ADVANCE

**** Please show up no more than 10 minutes before your reservation**

Lap Pool Quick Facts

- Temperature approx. 81-83°
- Depth 4-9 feet
- 25 yard competition pool
- 6 lanes
- Stairs available
- Blocks available for competition

Therapy Pool Quick Facts

- Temperature approx. 91-93°
- Depth 0-5.5 feet
- Ramp and stairs available
- Excellent for therapeutic swimming

GUEST RATES

Youth \$4.00/day
Adults & Seniors \$5.00/day